

SPANISH INFLUENZA--WHAT IT IS AND HOW IT SHOULD BE TREATED

Nothing New—Simply the Old Grip, or La Grippe That Was Epidemic in 1889-90, Only Then It Came From Russia by Way of France, and This Time by Way of Spain.

Go to Bed and Stay Quiet—Take a Laxative—Eat Plenty of Nourishing Food—Keep Up Your Strength. Nature is the Only "Cure."

ALWAYS CALL A DOCTOR.

NO OCCASION FOR PANIC.

Spanish influenza, which appeared in Spain in May, has all the appearance of grip or la grippe, which has swept over the world in numerous epidemics as far back as history runs. Hippocrates refers to an epidemic in 412 B.C. which is regarded by many to have been influenza. Every century has had its attacks. Beginning with 1831 this country has had five epidemics, the last in 1889-90.

There is no occasion for panic; influenza itself has a very low percentage of fatalities—not over one death out of every 400 cases, according to the N. C. Board of Health. The chief danger lies in complications arising, attacking principally patients in a run-down condition—those who don't go to bed soon enough, or those who get up too early.

THE SYMPTOMS. Grippe, or influenza, as it is now called, usually begins with a chill, followed by aching feverishness and sometimes nausea and dizziness, and a general feeling of weakness and depression. The temperature is from 100 to 104, and the fever usually lasts from three to five days. The germs attack the mucous membrane, or lining of the air passages—nose, throat and bronchial tubes—there is usually a hard cough, especially at night; often times a sore throat or tonsillitis, and frequently all the appearances of a severe head cold.

THE TREATMENT. Go to bed at the first symptoms, not only for your own sake but to avoid spreading the disease to others—take a purgative, eat plenty of nourishing food, remain perfectly quiet and don't worry. Quinine, aspirin or Dover's Powder, etc., may be administered by the physician's directions to relieve the aching. But there is no cure or specific for influenza—the disease must run its course—Nature herself will throw off the attack if only you keep up your strength. The chief danger lies in the complications which may arise. Influenza weakens the bodily resistance that there is danger of pneumonia or bronchitis developing and sometimes inflammation of the middle ear, or heart affections. For these reasons, it is very important that the patient remain in bed until his strength returns—stay in bed at least two days or more after the fever has left you, or if you are over 50 or not strong, stay in bed four days or more, according to the severity of the attack.

Edwards & Lebron

JEWELERS

HALLOWE'EN NOVELTIES...

Our Giftbook is headquarters for things unique. We have just received a most unusual showing of Halloween creations—invitations, favors, decorations.

Where is your Liberty Loan button?

—The Hallmark Store

Economy
DEPARTMENT STORE
234 E. Main St.

You will be able to buy more Liberty Bonds if you do your trading at this big department store where EVERYTHING that men, women and children wear is sold far below what the same quality of merchandise will cost you elsewhere.

Economy
DEPARTMENT STORE
D.S. ALPER
234 E. Main St.

This Store is a 100 Per Cent Liberty Loan Store

LIBERTY CELEBRATION SATURDAY ABANDONED

PARADE AND EXECUTION OF KAISER BILL POSTPONED.

Precaution Taken to Aid Health Authorities to Stamp Out "Flu."

Liberty day program called off by health officials on account of spreading influenza epidemic. Spectacular demonstration planned for Saturday night will not take place. Kaiser Wilhelm's funeral is temporarily postponed.

After elaborate plans made by John Lovell, and others in connection with the big demonstration which was to have been Saturday, Oct. 12, on Market street in connection with the loan drive, everything had to be called off. The influenza epidemic has become so serious in Chattanooga that the health officials felt that it would greatly jeopardize the health of Chattanooga to have a demonstration of this kind, at a time when they are making every effort to control the disease.

In speaking of the affair Friday morning, John Lovell stated that they are only too glad to abandon the celebration if the city officials feel that it is necessary. He declared that while they have made elaborate preparations for the occasion, he would rather see it called off entirely than have it, and perhaps cause the epidemic to spread.

Numerous organizations throughout the city had planned to have beautifully decorated floats, representing previous wars that the United States had engaged in. In addition to the soldiers at the front were to have decorated floats representing the present world war.

Kaiser Wilhelm's burial suit had already been purchased in Cincinnati, and even the firing squad that he was to make his appearance before was selected. His casket had been arranged for and the pallbearers selected. As it was impossible for Mr. Lovell to get anyone to take the part of the Kaiser, he had made preparations to have a dummy made for the celebration, and have him taken down Market street in a huge cage.

Parents or mothers with sons "over there" were to march in the procession carrying their service flags. It may be possible for such a demonstration to be had at the close of the influenza epidemic. In view of this Mr. Lovell will probably keep the Kaiser in uniform in the hopes of having his funeral later.

Fireworks had been purchased from Cincinnati, and one of the most all-around elaborate displays arranged for Saturday night.

SWAT THE "FLU" BEFORE IT SWATS YOU

Start at once taking a Discolax Tablet every night at bedtime and spraying out your nose and throat with Dobell's Solution. Get a quarter's worth of Discolax at your druggist's now.—(Adv.)

DOCTOR SUES LAWYER

Dr. E. E. Reisman Files Bill to Collect for Two Operations on Sidney B. Wright.

Suit was entered in the chancery court Friday morning by Dr. E. E. Reisman against Sidney B. Wright seeking to collect a bill of \$331.50 for medical and surgical services rendered the defendant during his recent serious illness. The bill as it itemized charged \$250 for a visit and operation on May 9, 1918 at the defendant's home on Signal mountain, and \$250 for another visit and operation on May 10, 1918 at the same place. \$33 is added for three additional visits made by the complainant to defendant's home on Signal mountain. The complainant charges that the account is a just and reasonable one and that the defendant has repeatedly refused and failed to pay same. Complainant asks that at the hearing a judgment be given him with interest and reasonable attorneys' fees. The suit was filed through Tatum, Thach & Lynch.

Sincere Gratitude.

Mrs. William Bell, Logansport, Ind., writes: "I deem it my duty to express my gratitude for the good Chamberlain's Colic and Diarrhoea Remedy did me when I had a severe attack of diarrhoea three years ago. It was the only medicine that relieved me."—(Adv.)

ST. HILAIRE CAPTURED

Generals Rawlinson, Byng and Horne Advance.

Paris, Oct. 11.—(1 p.m.)—British armies under command of Gens. Rawlinson, Byng and Horne continued their advance this morning under favorable conditions. British troops captured St. Hilaire, Les Cambray, Avennes and St. Aubert. Many prisoners were taken and much material was captured.

Gen. Debeney's army has pushed across the River Oise at several points in the region east of St. Quentin, and his troops are now menacing the strategic town of Guise.

North of Rheims the French Fifth army is holding both banks of the River Sulphe and has captured Bertrichourt. Italian forces played a brilliant part in the magnificent attack of the Fifth army, which also resulted in the capture of Courtecon and Troyon, south of Laon.

RESIGNS CAPTAINCY

William R. Snyder Has Entered Training Camp to See Active Service.

Washington, Oct. 11.—William R. Snyder, of Chattanooga, who was recently promoted to be captain as a result of his good work in the construction division of the war department, has resigned his captaincy and left for Camp Lee, at Petersburg, Va., to enter the officers' training camp. Capt. Snyder has repeatedly made application for active service during the past few months, and when he found he could not get to the firing line transfer he decided to resign his commission and start all over again. He will be assigned to the infantry when he finishes his course at Camp Lee. Three of his brothers are already in the service. Two of them, Stanley and Ray, well-known Chattanooga boys, being in France.

POSTOFFICE HIT BY "FLU"

The force at the postoffice is hard hit on account of the influenza epidemic and as a consequence the mail delivery has not been as good as it usually is. Then regular carriers are off their routes and a number of the carriers are carrying two routes. The clerical force as well is hit and nine clerks from the postoffice are out. The railway and light company is having difficulty in operating its cars on account of the number of men who are off. The car men are exposed to the disease about as much as any other workmen and a number of the men are quite sick.

GOMPERTS IN ROME

Rome, Oct. 11.—Samuel Gompers, president of the American Federation of Labor, who is visiting Europe, held a conference with the immigration commissioner to discuss an agreement to protect the interests of Italian emigrants after the war. He was the guest of Mr. Page, the American ambassador, at dinner and was received

BERLIN COUNCIL HESITATES

Answer to President Wilson to Be Made Shortly.

Basel, Oct. 11.—So far no decision has been reached by the ministers assembled at Berlin under Chancellor Maximilian to consider President Wilson's answer to the peace proposals of the central powers, says a dispatch from Berlin received here today.

As the new German government, however, the message adds, regards the peace offers most seriously, it is considered certain that an answer will be given to President Wilson on all three points with the same rapidity as that in which he answered Germany.

It is believed from this that it is the purpose of the German government to pursue the conversations commenced on the possibilities of a conclusion of peace.

NOTICE CITY TAXPAYERS
Two per cent. discount allowed on all city taxes if paid at once. Pay now and save the discount.

J. C. HIBBETTS,
City Treasurer and Tax Collector.

BENN MESSENGER SERVICE

Main 961 or Main 444.
Prompt and efficient service, 7 a.m. to 8 p.m., daily except Saturday, 9 p.m. Sunday we close at 2 p.m.—(Adv.)

A Dead Stomach

Of What Use Is It?

Thousands of yes hundreds of thousands of people throughout America are taking the slow death treatment daily.

They are murdering their own stomach, the best friend they have, and in their sublime ignorance they think they are putting aside the laws of nature.

This is no sensational statement; it is a startling fact, the truth of which any honorable physician will not deny.

These thousands of people are swallowing daily huge quantities of poison and other strong digesters, made especially to digest the food in the stomach without any aid at all from the digestive membrane of the stomach.

MI-O-NA stomach tablets relieve distressed stomach in five minutes; they do more. Taken regularly for a few weeks they build up the run down stomach and make it strong enough to digest its own food. Then indigestion, belching, sour stomach and headache will go.

MI-O-NA stomach tablets are sold by druggists everywhere and by Jo Anderson, who guarantees them.—(Adv.)

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LIBERTY LOAN

BUTTON?

W. FISCHER & BRO. CO.
JEWELERS
DIAMOND MERCHANTS
SILVERSMITHS

THE BEST PROOF

Given by a Chattanooga Citizen.

Doan's Kidney Pills were used—they brought benefit.

The story was told to Chattanooga residents. Time has strengthened the evidence. Has proven the result lasting.

The testimony is home testimony—the proof convincing.

It can be investigated by Chattanooga residents.

Mrs. Frank Harris, 715 E. 16th St., Chattanooga, says: "Doan's Kidney Pills cured me of kidney trouble about two years ago. I had been suffering for about a year with this complaint. My back always gave me the most trouble. There was a dull, constant pain over my kidneys and I was stiff and sore all the time. I could hardly stand or do any lifting or bending over and I had dizzy spells and black spots floated before my eyes. I haven't had any trouble since Doan's cured me and I am glad to recommend them."

The above statement was given December 3, 1914, and on June 6, 1918, Mrs. Harris said: "The cure Doan's Kidney Pills made for me is still lasting. I have had no return of the trouble."

Price 60c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Harris had. Foster-Milburn Co., Mfgs., Buffalo, N. Y.—(Adv.)



Don't let skin trouble spoil your good time

Resinol
heals sick skins

When your friends notice that your skin is disfigured or blotched; if you have pimples or eruptions; if you just have to scratch that itching place, regardless of where you are or who is with you—don't be discouraged—let Resinol Ointment and Resinol Soap help to heal your sick skin, and enable you to have a clear, soft complexion.

Used by doctors for many years. Sold by all dealers.

Influenza, Colds, Pneumonia, Sore Throat

Yields Quickly to Antiseptic Oil.

Many thousands are finding relief from influenza, and preventing pneumonia, it is said, by the use of Miller's Antiseptic Oil (known as Snake Oil). Its great penetrating power relieves quinsies, insures almost instant relief when applied freely on the chest or throat when first symptoms come on. The oil penetrates through the affected parts and opens up the air passages, makes breathing easy, stops the pains in the back, and for the cough a few drops on a little sugar will relieve the worst cough in no time. Don't fail to have a bottle on hand when the attack comes on, and if used according to directions results are assured, or your money back. On sale by Jo Anderson, druggist, Chattanooga, Tenn. 30c, 50c and \$1 bottles.—(Adv.)

ATLANTA MERCHANT

PRaises VI-TO-NA

Suffered Long While From Kidney Trouble and Rheumatism.

RESTORED TO NORMAL WEIGHT.

"I am 64 years old, but I feel much younger since I began taking VI-TO-NA," said Mr. P. T. Moreland, who lives at 337 South Boulevard, Atlanta, Ga.

"I was suffering from kidney trouble, and had a very bad case of rheumatism in my shoulders, which would cause me lots and lots of pain. I also suffered from indigestion."

"A friend of mine recommended VI-TO-NA to me one day, and that friend talked with so much confidence in VI-TO-NA that I gave it a trial. I am certainly glad that I did, for now I can eat anything in the world my appetite calls for and it does not hurt me. Those awful pains in my back and shoulders have disappeared, my weight is normal once more, and I consider myself in good health again."

And still they come. Every day some good man or woman testifies to the good VI-TO-NA does.

Just try it yourself, and you will be shouting "VI-TO-NA" just as these folks do.

VI-TO-NA is on sale in Chattanooga exclusively by Jo Anderson Drug Co. and in East Chattanooga by Sherman Heights Drug Co.; by Alton Park Pharmacy in Alton Park, Tenn.

Yes; S. S. S. Is Purely Vegetable Nature's Safe Blood Treatment

Known for 50 Years as the Best Remedy for Rheumatism, Catarrh, Scrofula, Skin Diseases.

Scientists have discovered that the forest and the field are abundantly supplied with vegetation of various kinds, that furnish the ingredients for making a remedy, for practically every ill and ailment of mankind. Medicines made from roots, herbs, and barks which Nature has placed at the disposal of man, are better than strong mineral mixtures and concoctions. Mineral medicines work dangerously on the delicate parts of the system, especially the stomach and bowels, by eating out

the lining membrane, producing chronic dyspepsia and often entirely ruining the health.

S. S. S. is made entirely of gentle-acting, healing, purifying roots, herbs, and barks, possessing properties that build up all parts of the system, in addition to removing all impurities and poisons from the blood. S. S. S. is a safe treatment for Rheumatism, Catarrh, Scrofula, sores and Ulcers, Skin Diseases, Blood Poison, and all disorders of the blood. It cleanses the entire system and it's permanent. Get S. S. S. at any drug store today. It is a standard remedy recognized everywhere as the greatest blood antitoxin ever discovered. If yours is a peculiar case, write to Medical Director, 442 Swift Laboratory, Atlanta, Ga.—(Adv.)

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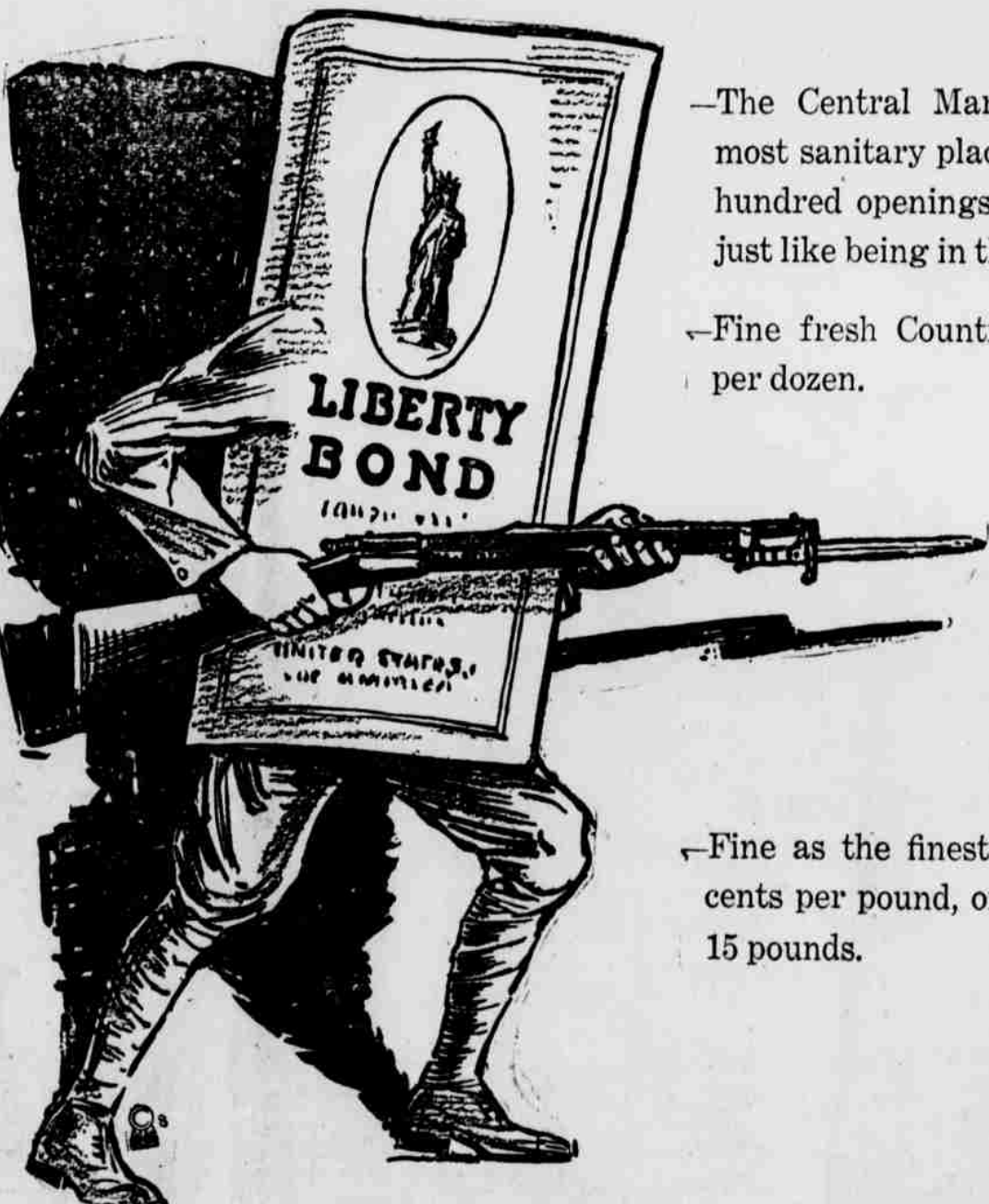
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Millions Use It For Colds

Because "Pape's Cold Compound" relieves cold or gripe misery in a few hours—Really wonderful!

Don't stay stuffed-up! Quit blowing and snuffling! A dose of "Pape's Cold Compound" taken every two hours until three doses are taken will end gripe misery and break up a severe cold either in the head, chest, body or limbs. It promptly opens clogged-up nostrils and air passages; stops nasty discharge or nose running; relieves sick headache, dizziness, feverishness, sore throat, sneezing, soreness and stiffness. "Pape's Cold Compound" is the quickest, surest relief known and costs only a few cents at drug stores. It acts without assistance, tastes nice, and causes no inconvenience. Don't accept a substitute. Insist on "Pape's"—nothing else.

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—The Central Market House is the most sanitary place in the city. One hundred openings in the building—just like being in the open.

—Fine fresh Country Eggs, 50 cents per dozen.

—Fine as the finest Irish Potatoes, 4 cents per pound, or 60 cents peck of 15 pounds.

Central Market House